

A portrait of Dr. Kathleen M. Pike, a woman with dark hair, smiling, wearing a blue top. The background is a blurred outdoor setting with green foliage.

# One vision

*It is a mantra to improve that has always driven Dr. Kathleen M. Pike.*

WRITTEN BY  
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One Mind

*“We can do better.”*

From the moment Dr. Kathleen M. Pike first spoke those words, she knew they would guide every step of her journey, ultimately leading to her role as One Mind’s CEO.

Growing up in Westchester, New York, the twin shadows of her uncle’s schizophrenia and her mother’s depression taught her that silence and stigma only deepen suffering.

“We can do better,” Pike repeats. “We have to.”

That conviction carried her to Yale University, where she earned her doctorate in clinical psychology. It also fueled her commitment to estab-

lish the Columbia–World Health Organization Center for Global Mental Health, and it further inspired her to create the Mental Health at Work Index, a first-of-its-kind leadership tool that helps business leaders get the data they need to drive decisions, policies, and practices that support workers’ mental health and enable people to truly flourish.

Still, Pike knew that workshops and white papers alone couldn’t reach enough people. She wanted to make *better* possible for millions, not just dozens.

In 2023, Pike answered that call by joining One Mind, which was founded in 1995 when Shari, Garen, Brandon, and Shannon Staglin resolved to “run toward the problem” after Brandon’s schizophrenia diagnosis five years earlier.



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Pike with Brandon  
Staglin

They launched the inaugural Music Festival for Brain Health as a fundraiser to elevate the science and dismantle stigma. Since then, One Mind has grown into an international leader, mobilizing more than \$600 million dollars to accelerate brain science and mental health research and innovation.

Today, Brandon Staglin leads advocacy and engagement while living with schizophrenia.

“Working alongside Brandon reminds me every day why this mission matters,” Pike remarks. “He inspired the origins of One Mind and continues to inspire our work today.”

One Mind’s commitment to science and innovation shines through a suite of signature initiatives that together make *better* possible.

The One Mind Academy brings together research, training, and educational resources, from the Rising Star Awards that fund exceptional early-career scientists to evidence-based workplace mental health programs that turn discovery into practice.

Since 2023, the One Mind Accelerator has fast-tracked 37 early-stage start-ups by providing intensive mentorship, capital, and a global founder community that brings technology and innovation to science to deliver novel therapies and other breakthroughs to people in need.

Through One Mind at Work, organizations around the world are getting the data and metrics they need to address their workforce mental health.

By focusing on systems solutions, its members are creating healthier, more productive workplaces.

The One Mind Lived Experience Initiative, directed by Brandon Staglin, reflects One Mind’s commitment to including people with firsthand knowledge of serious mental illness at the center of every research design and program decision, so that all their work truly serves and benefits the communities intended.

These efforts don’t just reshape organizations or fuel breakthrough research; they blossom into moments of shared purpose, uniting communities and thought leaders on the world’s greatest stages.

This past April, One Mind hosted Apollo & Psyche, an evening of music at Carnegie Hall, a sold-out celebration that brought together advocates, artists, and innovators around a vision of resilience and renewal.

Inspired by Apollo, the god of music, dance, and healing, and Psyche, the goddess of the mind and soul, the event wove music, storytelling, and

dance into an immersive journey. Pike opened the evening by reminding everyone that “in that sacred space where Apollo meets Psyche, we find comfort, courage, and connection.”

In September 2025, One Mind will bring that same spirit to its annual One Mind Music Festival at the Staglin Family Vineyard in Napa Valley, California. Headlined by musical group Train, the 31st festival will further a legacy of turning world-class performances into a platform for awareness and fundraising. Pike sees each note struck and each story told as part of one larger mission to accelerate breakthroughs in brain health.

For Pike, success is measured not only by grants awarded or papers published but also by lives improved—the scientist whose discovery brings heal-

ing, the employee who returns to work with renewed confidence, the family who discovers hope in a breakthrough treatment, and the community that finds its voice through advocacy.

Outside the office, Pike recharges by cycling along Long Island’s East End or tending her apiaries, where honeybees remind her that collaboration turns individual strengths into something far greater.

Rooted in a childhood refusal to accept suffering, shaped by science, and enlivened by partnerships with leaders like Brandon, Pike’s journey ignites curiosity and enthusiasm for

One Mind’s bold work to make *better* possible. **LM**



— Clockwise from top: Pike (second from left) with Garen, Shari, and Brandon Staglin; Speaking at the science dinner at the 2025 One Mind Music Festival; The 30th One Mind Music Festival; Pike addressing a crowd at the 2024 Global Forum

